

Hazard	Harm Severity (1-5)	Likelihood (1-5)	Initial Risk Score*	Control Measures	Final Risk Score*
Over-enthusiastic participants	2	3	6	<p>Ensure responsible supervision at all times. Supervisors should intervene if participants become overly aggressive.</p> <p>Provide clear instructions about safe behaviour before the activity begins.</p>	1
Choice of site	2	3	6	<p>Position the Sumo Suits in a clear, flat area away from potential hazards and obstacles. Implement the following where required controls:</p> <ul style="list-style-type: none"> - Perform a thorough site inspection prior to setup to identify and remove any sharp objects, debris or uneven ground that could pose a risk to users. - Verify that the chosen location is suitably far from roads, parking areas and other high-traffic zones to enhance safety. 	1
Adults and children using the unit at the same time	3	2	6	<p>Supervisors must ensure contestants are of similar size, weight and age.</p> <p>Implement separate sessions for different age groups to prevent mismatched bouts.</p>	1
Loose or not wearing headgear	4	3	12	<p>Supervisors must ensure all participants wear securely fastened headgear before each bout.</p> <p>Conduct regular checks during the activity to ensure headgear remains properly fitted.</p>	1
Wearing of shoes, jewellery, glasses and sharp objects	4	2	8	<p>Supervisors must instruct participants to remove shoes, jewellery, glasses and any sharp objects before the activity.</p> <p>Provide a designated area for storing personal items safely.</p>	1
Participants punching or kicking	4	3	12	<p>Supervisors must clearly communicate rules and instructions before each bout, explicitly prohibiting punching, kicking and delivering blows to the head.</p> <p>Monitor bouts closely to enforce these rules.</p>	1
Mats out of position	3	2	6	<p>Supervisors must check and reposition safety mats before each bout. Conduct regular inspections during the activity to ensure mats remain in the correct position.</p>	1
Tripping over suits	2	3	6	<p>Supervisors must assist participants with putting on and taking off suits to prevent tripping. Ensure the area</p>	1

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				around the sumo suits is clear of obstacles and debris.	
Heat Exhaustion	3	2	6	Provide regular breaks for participants and ensure access to water. Monitor participants for signs of overheating and act immediately if any symptoms are observed.	1
Suit damage or malfunction	3	2	6	Conduct regular inspections of suits for any signs of damage or wear. Remove and repair or replace any damaged suits before use.	1

***Note:** The initial risk score is calculated by multiplying the Harm Severity by the Likelihood. Control measures are implemented to mitigate risks and the final risk score reflects the reduced level of risk after these measures are in place.

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